




Date w/b:30/3/20	9.30-9.45am	11.00-11.15am	Afternoon
30/3/20	Mindfulness quote of the day https://images.app.goo.gl/HK7mhQuXbtXMGat5 	Mindfulness poem of the day https://images.app.goo.gl/WvjTzz2HP6gmUNYZ9 	Write your own short poem about your day
31/3/20	Growth mindset quote of the day https://images.app.goo.gl/iYJWbNpPtLDgWHsq9 	Growth mindset poem of the day https://images.app.goo.gl/6vP2gwcZEWttbiU19 	Write a diary entry about your day
1/4/20	Mindfulness quote of the day https://images.app.goo.gl/vCo8GhURrGytm18a8	Mindfulness poem of the day https://images.app.goo.gl/TAJoA7ToUttqbE2v7	Mindfulness story time https://youtu.be/xtMHCVBgV00

			
2/4/20	<p>Growth mindset quote of the day https://images.app.goo.gl/8Hr37BaXCFZsRrG28</p> 	<p>Growth mindset poem of the day https://images.app.goo.gl/AWye9M3P9jK8gXwT6</p> 	Write your own short poem about your day
3/4/20	<p>Mindfulness quote of the day https://images.app.goo.gl/ocKgBZ9tXcrJbnf48</p> 	<p>Mindfulness poem of the day https://images.app.goo.gl/neAwDpWPevRBfBB97</p> 	Write a diary entry about your day today